

WALLSEND RSL ATHLETIC CLUB WALLSEND RSL LITTLE ATHLETIC CENTRE



NEWSLETTER No 13 of 2019-2020 2nd DECEMBER

JUST GOT THERE ### !!! good call!!!

Last Monday was called off with storm coming in WOW only just got the gear away not even door down WHEN!!!BOOM!!! Rain poured down and within one minute the whole ground was covered by water.

TONIGHT WE DO THE EVENTS FROM LAST WEEK THAT WERE NOT STARTED OR FINISHED (events that were finished last week will not be re-run)

SO TONIGHTS ROUND FOUR.... TO FINISH WEEK ONE

TRAINING THIS WEEK

Thursday 5.30pm will be sprints for all age groups

PORT HUNTER ZONE CHAMPIONSHIPS

Congratulations to all our athletes who competed at Zone we are most proud of your efforts and "Thank You" to all the parents who helped out over two days. "Special Thanks" to our Club Officials for their contribution over the two days of the Championship.

CLUB MEETING THIS FRIDAY

December Meeting this Friday 6/12/19 AT THE CLUBHOUSE being last meeting of the year (option) drinkies and nibbles (byo)

DECEMBER AT NEWCASTLE BLUE TRACK

Tuesday 3rd December JINGLE BELL RELAY Junior 6-12 years 10 x 400m laps Seniors 13 years + 25 x 400m laps, each athlete

Wednesday 12th December BLUE TRACK SPECIAL competition 6-8pm 5 track 4 field events U9 and over \$5 entry covers all events

Those crazy word problemssome more to worry about

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